

# **PARKVIEW ACADEMY**

  

# **ANTI - BULLYING POLICY & PROCEDURE FOR STUDENTS**

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## KS1-2 Our School Anti-Bullying Guide

***“We are kind. We are safe. We help each other.”***

### **What is bullying?**

Bullying is when someone:

- Keeps being unkind
- On purpose
- To the same person
- And it makes them feel sad, scared or hurt

Bullying is not:

- A one-off argument
- Accidentally hurting someone
- Falling out and then sorting it out

### **Different kinds of bullying**

 Unkind words

- Name-calling
- Teasing
- Saying mean things about someone’s family, race, religion or how they look

## Leaving people out

- Telling others not to play with someone
- Spreading rumours

## Hurting someone

- Pushing
- Hitting
- Kicking

## Online bullying (cyberbullying)

- Mean messages
- Posting or sharing pictures/videos to upset someone
- Being unkind in games or group chats

### **Online bullying is still bullying.**

### **Everyone has the right to feel safe**

Our school has a zero-tolerance rule about bullying. That means bullying is **never** okay.

### **If you are bullied or see bullying... tell an adult**

You can talk to:

- Your teacher
- Your TA/LSA
- Your key adult

- Any grown-up you trust
- Your parents or carers

You can tell us by:

- Speaking to us
- Writing it down
- Using the worry box (if your school has one)

You will never get in trouble for telling.

## **What the school will do**

### **When you tell us about bullying, we will:**

1. Listen carefully
2. Help you feel safe
3. Find out what happened
4. Make the bullying stop
5. Help both children learn and move forward
6. Keep checking you're okay

## **How we stop bullying before it starts**

We help everyone to be kind by:

- Talking about friendship and feelings in PSHE
- Learning how to play kindly and include others
- Teaching about safe online behaviour

- Using circle time and class rules
- Celebrating differences
- Being role models for each other
- Making sure there are lots of trusted adults to talk to

## **What we want from all children**

- Be kind
- Be respectful
- Include others in games and learning
- Tell an adult if something feels wrong
- Think before you post or share online
- Use gentle hands, gentle feet, and gentle words

## **Remember**

It is never your fault if someone is bullying you.  
You are important.  
You deserve to feel safe and happy at school.

If you feel worried or upset, please tell someone.

We are here to help.

## KS3-KS5

***“Everyone has the right to feel safe.”***

### **What is bullying?**

Bullying is when someone **keeps hurting, upsetting or frightening** another person **on purpose**.

Bullying can be:

#### **Physical**

- Hitting, kicking, pushing

#### **Verbal**

- Name-calling
- Insults
- Making comments about someone’s appearance, family, race, religion, disability, sexuality or gender

#### **Social**

- Leaving someone out
- Spreading rumours
- Encouraging others to gang up on someone

#### **Cyberbullying**

- Mean messages
- Posting or sharing photos or videos to embarrass someone
- Fake accounts

- Online threats
- Using AI or edited images to target someone
- Bullying in games or group chats

**Any behaviour that makes someone feel scared, stressed or unsafe.**

## **Bullying is never acceptable**

Our school has a **zero-tolerance** approach to bullying.

Everyone has the right to learn in a place where they feel **safe, respected and included**.

Some students may be more at risk of bullying, like those with **SEND**, autism, students who are new, in care, or those who are different in any way.

We look out for each other.

## **Bullying can be a safeguarding issue**

Sometimes bullying is more serious and can become **child-on-child abuse**.

This includes:

- Physical violence
- Sexual comments or unwanted touching
- Sharing sexual images
- Harassment online
- Hate-based bullying (racist, sexist, homophobic, transphobic, or targeting disability)

If this happens, the **Designated Safeguarding Lead (DSL; Julie Woodcock) or the Deputy Safeguarding Leads (Emma Chatzispayridou, Jonty Emmerson and Dan Gaymer)** will get involved to keep everyone safe.

**If you are being bullied or see bullying... tell someone.**

We know it can feel hard, but **you will be listened to and taken seriously**.

You can report bullying to:

- Your **teacher**
- Your **keyworker / Teaching Assistant**
- Any member of staff you trust
- The **DSL** (Julie Woodcock) or **DDSL** (Emma Chatzispnyridou, Jonty Emmerson and Dan Gaymer)
- Your **parents/carers**

### **If it's online:**

Screenshot it if you can and show a trusted adult.

You will never get in trouble for speaking up.

### **What the school will do**

When bullying is reported, the school will:

1. **Act quickly**
2. **Listen to everyone involved**
3. **Make sure you feel safe**
4. **Take action to stop the bullying**
5. **Let you know what is happening**
6. **Support both the person being bullied and the person who bullied**
7. **Involve parents/carers when needed**

If bullying is serious or keeps happening, the school may put stronger consequences in place.

## How we prevent bullying

We work together to keep everyone safe by:

- Teaching about respect and kindness in **PSHE**, group sessions and assemblies
- Encouraging positive behaviour and teamwork
- Making sure online safety is a priority
- Using behaviour plans, risk assessments and support plans when needed
- Giving students chances to talk, share worries and ask for help
- Celebrating differences and promoting inclusion
- Providing safe spaces and trusted adults

## What we expect from all students

- Treat everyone with **kindness and respect**
- Speak up if you see bullying or something that doesn't feel right
- Include people who are left out
- Think before posting or sharing anything online
- Support each other—even small actions make a big difference

## If you ever feel unsafe, upset or worried... tell someone.

You're not alone, and the school will always help

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